

曲名 恋のバカンス

INTRO (Circle Left)

1. ため息の出るような (陽に焼けた ほほ寄せて)
2. あなたの 口づけに (ささやいた 約束は)
3. Allemande Left, Do Sa Do
4. Allemande Left, Weave The ring
5. 金色に輝く (ああ恋の喜びに)
6. Swing Your Girl & Promenade
7. 裸で 恋をしよう (はじめてあなたを見た)
8. 人魚のように (恋の ・バカンス)

1. H: SQ-TH~ 4HANDS GO
2. DSD to a wave
3. SW-TH B:RUN
4. W/D , ST
5. SQ3
6. Swing girl , Promenade
- 7.
- 8.

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INTRO (Circle Left)

1. ため息の出るような (陽に焼けた ほほ寄せて)
2. あなたの 口づけに (ささやいた 約束は)
3. Men Star Right one time run
4. Allemande Left, Weave The ring
5. 金色に輝く (ああ恋の喜びに)
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7. 裸で 恋をしよう (はじめてあなたを見た)
8. 人魚のように (恋の ・バカンス)

1. H: SQ-TH~ 4HANDS GO
2. DSD to a wave
3. SW-TH B:RUN
4. BL , R/L
5. FL/W , ST
6. Swing girl , Promenade
- 7.
- 8.

曲名 Sway

INTRO ()

1. Walk around your corner girl, turn your partner by the left
2. Head ladies center with a tea-cup chain
3. When marimba rhythm starts to play , Dance with me, make me sway
4. Like a lazy ocean hugs the shore , Hold me close, hold me close, sway me more Circle left
5. Like a flower bending in the breeze , bend with me
6. Allemande left, promenade
7. When you dance you have a way with me
8. Stay with me, sway with me

1. Heads you lead to the right, circle and then
2. Break out, make a line of four my friend
3. You pass thru, bend the line
4. Do the right & left thru, you flutter wheel across
5. Single circle, now fan the top you see, turn thru for me
6. Swing that corner, promenade
7. When you dance you have a way with me
8. Stay with me, sway with me

曲名 Sway

INTRO (Side Face Grand Square)

1. }
2. } 曲だけ
3. }
4. }
5. Allemande Left, Weave The ring
6. I can hear the sound of violins , long before , it begins
7. Swing & Promenade , make me thrill as only you know how
8. sway me smooth , sway me now

1. H: SQ-TH ~, 4 hands go
2. meet the corner DSD to a wave
3. SW-TH B:RUN
4. BL , R/L
5. FL/W , ST (P-O , RC)
6. Swing & Promenade
7. When you dance you have a way with me
8. Stay with me, sway with me

曲名 ちいさな日記

INTRO (Side Face Grand Square)

1. 小さな 日記に
2. つづられた
3. 小さいな過去の
4. ことでした (circle left)
5. 私と 彼との
6. Allemande Left, Swing & Promenade
7. 忘れた はずの
8. 恋でした

1. H: SQ4 , 4hand run all the way
2. DSD to a wave
3. SW-TH B:RUN
4. W/D , ST
5. SQ3
6. Swing girl , Promenade
7. 忘れた はずの (そんな かわいい)
8. 恋でした (恋でした)

曲名 ちいさな日記

INTRO (Circle Left)

1. 小さな 日記に (ちょっぴりすねて)
2. つづられた (横むいて)
3. Allemande Left, Do Sa Do
4. Allemande Left, Weave The ring
5. 私と 彼との 過去でした
6. Swing & Promenade (短く)
7. 忘れた はずの (そんな かわいい)
8. 恋でした (恋でした)

1. S: SQ4 , 4hand run all the way
2. DSD to a wave
3. SW-TH B:RUN
4. BL , R/L
5. FL/W , ST
6. Swing girl , Promenade
7. 忘れた はずの (そんな かわいい)
8. 恋でした (恋でした)

曲名 ちいさな日記

INTRO (Side Face Grand Square)

1. 小さな 日記に
2. つづられた
3. 小さいな過去の
4. ことでした (circle left)
5. 私と 彼の
6. Allemande Left, Swing & Promenade
7. 忘れた はずの
8. 恋でした

1. H: Promenade 1/2 way
2. H: ST PA
3. R/L(=ST, ST)
4. DV-TH
5. C:SQ3(=California Twirl)
6. Swing & Promenade
7. 忘れた はずの
8. 恋でした

曲名 ちいさな日記

INTRO ()

1. 4 Boys Promenade inside
2. Swing
3. join hands circle left
4. Allemande Left, Weave The ring
- 5.
6. Swing & Promenade
7. 忘れた はずの
8. 恋でした

1. H: SQ4 * * * *
2. R/L * * * *
3. VL * *, BL * *
4. R/L * * * *
5. FL/W * *, ST
6. Swing & Promenade
7. 忘れた はずの
8. 恋でした

曲名 もしも 明日が

INTRO (Side Face Grand Square)

1. もしも 明日が (もしも 季節が)
2. 晴れならば (変わったら)
3. 愛する人よ
4. あの場所で (あの歌を) (circle left)
5. もしも 明日が (もしも 季節が)
6. Allemande Left, Swing & Promenade
7. 愛する人よ
8. そばにいて (逢いにきて)

1. H: SQ-TH~ 4HANDS GO
2. DSD to a wave
3. SW-TH B:RUN
4. W/D, ST
5. SQ3
6. Swing girl, Promenade
7. 愛する人よ
8. そばにいて (逢いにきて)

曲名 もしも 明日が

INTRO (Circle Left)

1. もしも 明日が (もしも 季節が)
2. 晴れならば (変わったら)
3. Men Star Right one time run
4. Allemande Left, Weave The ring
5. もしも 明日が (もしも 季節が)
6. Swing & Promenade
7. 愛する人よ
8. そばにいて (逢いにきて)

1. H: SQ-TH~ 4HANDS GO
2. DSD to a wave
3. SW-TH B:RUN
4. BL, R/L
5. FL/W, ST
6. Swing girl, Promenade
7. 愛する人よ
8. そばにいて (逢いにきて)

曲名 ラブユー東京

INTRO()

1. 4 ladies chain across the ring you go
2. Joyhand circl Left walk in raund the ring
3. Allemande Left, Alleman thar
4. go forward two , men swinging make Right hand star
5. Shoot the star , (拍手2回)
6. Swing & Promenade
7. ラブユー ラブユー
8. 涙の東京

1. H: PROMENADE, 1/2 WAY
2. walk in SQ4 4 hand around you know 4hand around you then
3. R/L
4. VL , FE/W
5. go around SQ3
6. Swing & Promenade
7. ラブユー ラブユー
8. 涙の東京

曲名 ラブユー東京

INTRO (Circle Left)

1. 七色の虹が (いつまでもあたし)
2. 消えてしまったの (めそめそしないわ)
3. Men Star Right one time run
4. Allemande Left, Weave The ring
5. あなただけが 生き甲斐なの (明日からは あなたなしで)
6. Swing & Promenade
7. ラブユー ラブユー
8. 涙の東京

1. S: PROMENADE, 1/2 WAY
2. walk in P-O then EXT
3. SWTH , B-R
4. BL , R/L
5. SQ3
6. Swing & Promenade
7. ラブユー ラブユー
8. 涙の東京

曲名 ブランデーグラス

INTRO (Side Face Grand Square)

1. これで およしよ(こころ一つに)
2. そんなに強くないのに(傘は二つに分かれて)
3. 酔えば酔うほど
4. 淋しくなってしまう(circle left)
5. 涙ぐんで(白い小指)
6. Allemande Left, Swing & Promenade
7. 女ごころ(未練ごころ)
8. 痛いほど わかる(打ちあげたおまえ)

1. H: Promenade 1/2 way
2. H: ST PA
3. R/L(=ST, ST)
4. DV-TH
5. C:SQ3(=California Twirl)
6. Swing & Promenade
7. 女ごころ(未練ごころ)
8. 痛いほど わかる(打ちあげたおまえ)

曲名 ブランデーグラス

INTRO (Circle Left)

1. これで およしよ(こころ一つに)
2. そんなに強くないのに(傘は二つに分かれて)
3. Men Star Right one time run
4. Allemande Left, Weave The ring
5. 涙ぐんで そっと時計をかくして
6. Swing & Promenade(短く)
7. 女ごころ(未練ごころ)
8. 痛いほど わかる(打ちあげたおまえ)

1. H: Promenade 1/2 way
2. H: ST PA
3. R/L
4. DV-TH
5. C:California Twirl
6. Swing & Promenade
7. 女ごころ(未練ごころ)
8. 痛いほど わかる(打ちあげたおまえ)

曲名 Unchain My Heart

INTRO (Circle Left)

1. Unchain my hert baby set me free
- 2.
3. Allemande Left, Do Sa Do
4. Allemande Left, Weave The ring
5. why lead me through life misery
6. Swing & Promenade
- 7.
8. So unchain my hert baby set me free

1. H: Promenade 1/2 way
2. S: Promenade 1/2 way
3. H: Promenade 1/2 way
4. S: Promenade 1/2 way
5. H:ST & California Twirl
6. Swing & Promenade
- 7.
8. So unchain my hert baby set me free

曲名 Unchain My Heart

INTRO (Side Face Grand Square)

1. I'm under your spell
2. I Like man in trance
3. But you know darn well
4. That I don't stand chance
5. Allemande Left, Weave The ring
6. why lead me thr life misery
7. Swing & Promenade
8. So unchain my hert baby set me free

1. H: Promenade 1/2 way
2. H: ST PA
3. R/L (=ST, ST)
4. DV-TH
5. C:SQ3(=California Twirl)
6. Swing & Promenade
- 7.
8. So unchain my hert baby set me free

曲名 She can't say that anymore

INTRO ()

1. 4 ladies chain across the ring you go
2. Joyhand circl Left walk in raund the ring
3. Allemande Left, Alleman thar
4. go forward two , men swing in and star
5. Shoot the star , Turn thru I say
6. AL , Swing Promenade
7. I've never lied you , she kind a smiled
8. Now she can't say that anymore

1. H: SQ-TH ~, 4 hands go
2. meet the corner DSD to a wave
3. SW-TH B:RUN
4. BL , R/L
5. FL/W , ST (P-O , RC)
6. Swing & Promenade
7. I've never lied you , she kind a smiled
8. Now she can't say that anymore

曲名 She can't say that anymore

INTRO ()

1. 4 ladies chain across the ring you go
2. Joyhand circl Left walk in raund the ring
3. Ladies In Men Sashay circl Left Ladies In Men Sashay circl Left
4. Allemande Left, Weave The ring
5. (Weave Weave Weave , meet your Girl)
6. Swing & Promenade
7. I've never lied you , she kind a smiled
8. Now she can't say that anymore

1. S: SQ-TH ~, 4 hands go
2. meet the corner DSD to a wave
3. SW-TH B:RUN
4. FE/W , R/L (FE/W , PA)
5. SQ3 (T 1/4 , SCT-B , SCT-B)
6. Swing & Promenade
7. I've never lied you , she kind a smiled
8. Now she can't say that anymore

曲名 Fever

INTRO (Circle Left)

1. Never Knew how much love you
2. Never Know how much care
3. Allemande Left, Do Sa Do
4. Allemande Left, Weave The ring
5. Fever in the morning
6. Swing lady round Promenade
7. Fever when you kiss me
8. Fever when you hold me tight

1. H: SQ4 * * * *
2. DSD to a wave
3. SW-TH B:RUN
4. BL , R/L
5. FL/W , ST
6. Swing & Promenade
7. Fever when you kiss me
8. Fever when you hold me tight

曲名 Fever

INTRO ()

1. 4 Boys Promenade inside
2. Swing
3. join hands circle left
4. Allemande Left, Weave The ring
5. Fever in the morning
6. Swing lady round Promenade
7. Fever when you kiss me
8. Fever when you hold me tight

1. H: SQ4 * * * *
2. DSD to a wave
3. SW-TH B:RUN
4. CC , W/D
5. DV-TH , C:PA
6. Swing & Promenade
7. Fever when you kiss me
8. Fever when you hold me tight

曲名 Dance with me

INTRO ()

1. 4 ladies chain across you go
2. 4 ladies Roll Way circle left you know
3. 4 ladies Roll Way circle left you go
4. Allemande Left, Weave The ring
5. Oh come dance whith me , My baby
6. Swing & Promenade that ladie
7. The night is young , and so are we
8. Let's have fun , and dance the night away

1. H: PROMENADE, 1/2 WAY
2. walk in SQ4 4 hand around you know 4hand around you then
3. R/L
4. VL , FE/W
5. go around SQ3
6. Swing & Promenade that ladie
7. The night is young , and so are we
8. Let's have fun , and dance the night away

曲名 Dance with me

INTRO ()

1. 4 Boys Promenade inside
2. come on back Swing
3. join hands circle left walk in raund the ring
4. Allemande Left, Weave The ring
5. Oh come dance whith me , My baby
6. Swing & Promenade that ladie
7. The night is young , and so are we
8. Let's have fun , and dance the night away

1. S: PROMENADE, 1/2 WAY
2. walk in P-O then EXT
3. SWTH , B-R
4. BL , R/L
5. SQ3
6. Swing & Promenade that ladie
7. The night is young , and so are we
8. Let's have fun , and dance the night away

曲名 Come to me

INTRO (Circle Left)

- 1.
- 2.
3. Men Star Right one time run
4. Allemande Left, Weave The ring
5. Come to me ever get lonely
6. Swing & Promenade
7. My love light your way out darkness
8. If ever need true love come to me

1. S: PROMENADE, 1/2 WAY
2. walk in P-O then EXT
3. SWTH , B-R
4. BL , R/L
5. SQ3
6. Swing & Promenade
7. My love light your way out darkness
8. If ever need true love come to me

曲名 Come to me

INTRO ()

1. 4 ladies chain
2. 4 ladies chain back home
3. join hands circle left
4. Allemande Left, Weave The ring
5. Come to me ever get lonely
6. Swing & Promenade
7. My love light your way out darkness
8. If ever need true love come to me

1. H: Promenade 1/2 way
2. H: ST PA
3. Right Hand Star
4. C:Left Hand Star
5. DoSaDo
6. Swing & Promenade
7. My love light your way out darkness
8. If ever need true love come to me

曲名 Cow Boy Blues

INTRO (Circle Left)

1. well Lone Feel That Over Me
2. When Hear Highway Moan
3. Allemande Left, Do Sa Do
4. Allemande Left, Weave The ring
5. Oh, I Roamed From Town To Town Interstate
6. Swing With Your Girl Promenade
7. I Need Love She's So Far Away
8. I'm Singin Cowboy Blues

1. H: PROMENADE, 1/2 WAY
2. SQ4
3. R/L
4. VL , FE/W
5. SQ3
6. Swing & Promenade
7. I Need Love She's So Far Away
8. I'm Singin Cowboy Blues

曲名 Cow Boy Blues

INTRO ()

1. 4 Boys Promenade inside
2. Swing
3. join hands circle left
4. Allemande Left, Weave The ring
5. Oh, I Roamed From Town To Town Interstate
6. Swing With Your Girl Promenade
7. I Need Love She's So Far Away
8. I'm Singin Cowboy Blues

1. H: SQ4
2. DSD to a wave
3. SW-TH B:RUN
4. BL , R/L
5. FL/W , ST (= P-O , RC)
6. Swing & Promenade
7. I Need Love She's So Far Away
8. I'm Singin Cowboy Blues

曲名 California Doreamin

INTRO (Side Face Grand Square)

1. All Leavs brown and sky is gray
2. I've been for a walk on a winter day
3. (circle left)
4. I'd be safe and warm , if was in LA
- 5.
6. Allemande Left and Promenade
7. California dreamin , on such winter's day
- 8.

1. H: Promenade 1/2 way
2. H: ST PA
3. R/L (=ST , ST)
4. DV-TH
5. C:SQ3(=California Twirl)
6. Swing & Promenade
7. California dreamin , on such winter's day
- 8.

曲名 California Doreamin

INTRO ()

1. 4 ladies chain
2. Roll Way circle left
3. 4 ladies Roll Way circle left
4. Allemande Left, Weave The ring
- 5.
6. Swing & Promenade
7. California dreamin , on such winter's day
- 8.

1. H: Promenade 1/2 way
2. H: ST PA
3. R/L
4. DV-TH
5. C:SQ3
6. Swing & Promenade
7. California dreamin , on such winter's day
- 8.