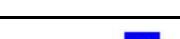
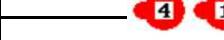
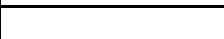
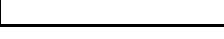
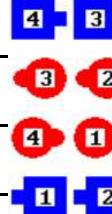
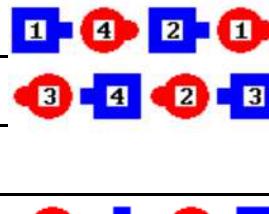
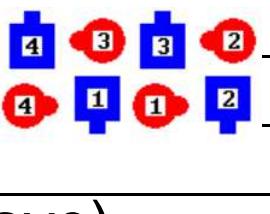
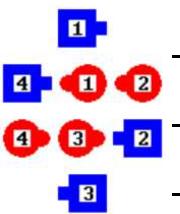
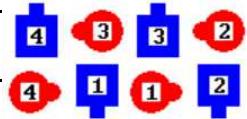
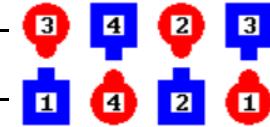
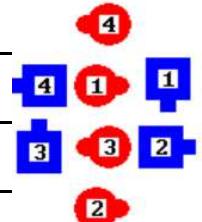


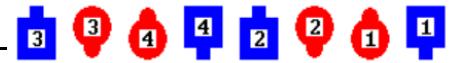
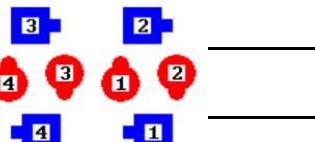
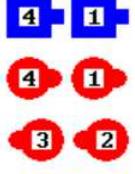
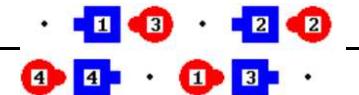
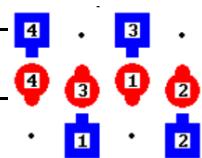
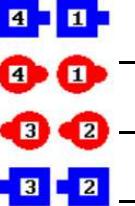
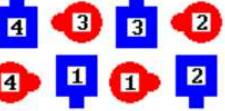
😊 コールとFormation組立の勉強します。(PLUS)

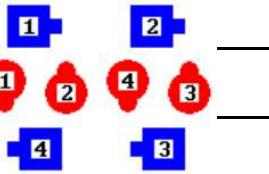
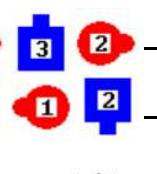
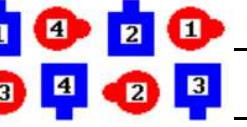
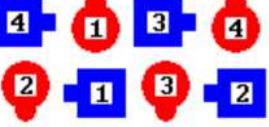
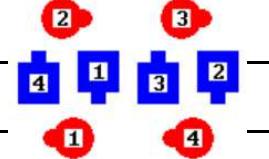
更新日:2020-10-27

acey deucey	acey deucey	ping pong circulate	ping pong circulate
(wave) Formation作成	(wave) Formation作成	(line) Formation作成	(1/4 tag) Formation作成
C: walk & dodge	acey deucey 1-1/2	1/4 tag	C: boys run , and girls hing
	*C: flip the diamond , B-R , move along make a line		
(line) BB GG Formation作成			(1/4 tag) Formation作成
B: (SQ4 ; G: SQ3) , AC-DC , boys slide thru	(line) Formation作成		C: swing thru , and girls run , and boys hing
	3/4 tag		
(2FA-line) Formation作成	(8chain thru) Formation作成		
boys 1/2 circulate	pass thru , C: spin the top		
	*C: spin the top		

load the boat	load the boat	peel off	peel off
			
(8chain thru) Formation作成 centers in , acey deucey	(line) Formation作成 swing thru , C4: spin the top	(8chain thru) Formation作成 pass to the center , doble pass thru	(tidal wave) Formation作成 boys fold(no adjust)
			
(8chain thru) Formation作成 pass the ocean	(eight chain thru) pass to the center , E: roll		(wave) Formation作成 scoot back & roll , circulate
			
			
(1/4 tag)	(wave) Formation作成 1/2 circulate		
ping pong circulate , E: roll			
			
			
			
			
			
			
			
			
			

linear cycle	coordinate	coordinate	follow your neighbor
			
			(wave) Formation作成
			scoot back & roll (static square) Formation作成
			H: pass the ocean
	(line) Formation作成		
	C: P-O and hinge		
			(wave) Formation作成
			scoot back & roll
coordinate ↓			
			
	*acey deucey & roll , girls extend		

explode the wave	fan the top	relay the deucey	peel the top
			
(8chain thru) Formation作成			
pass the ocean	(wave) Formation作成		(wave) Formation作成
	split circulate 1-1/2		girls fold
			
	(diamond) Formation作成		
	fan the top		(tidal wave) Formation作成
			boys fold
			
			(wave) Formation作成
			scoot back & roll

crossfire	chase right
	
crossfire ↓	6: chase right
	
	(wave) Formation作成
peel the top ↓	scoot back & roll , girls u-t-b
	
(diamond)	Formation作成
c: trade the wave	