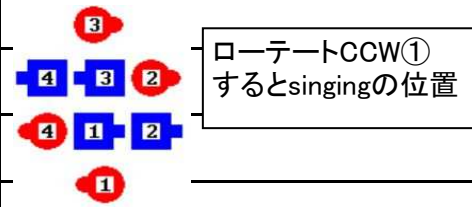



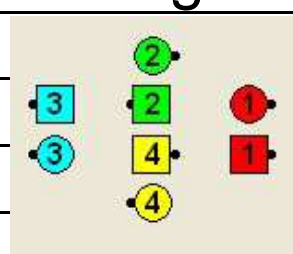





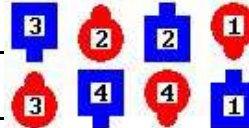
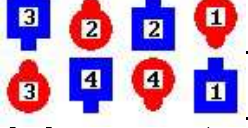

最近使ったGET等


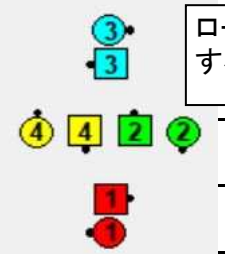
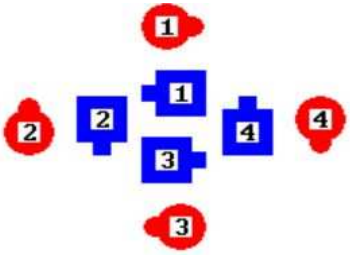
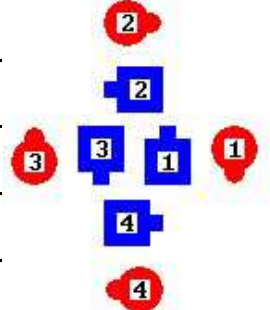
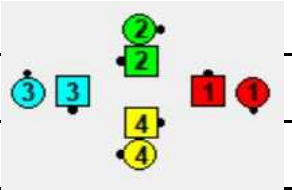
2019年/06/24 takao sawada

















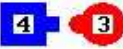
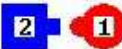



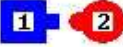

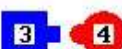
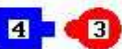




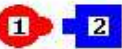
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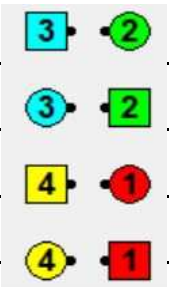
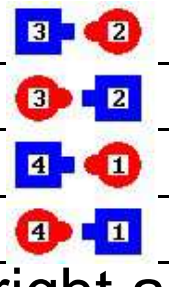



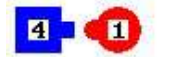

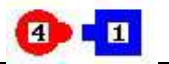
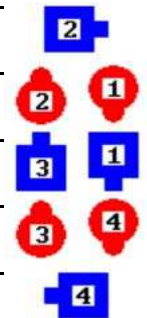
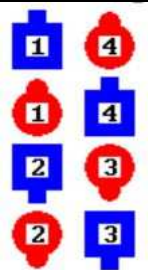
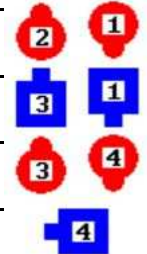
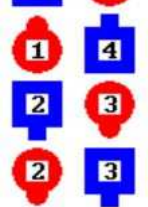
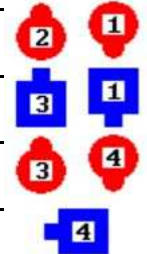

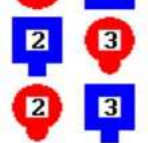
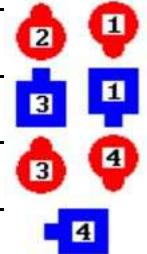

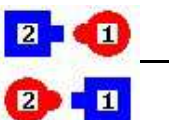
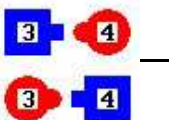
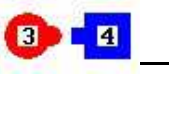
更新日:2019-09-15

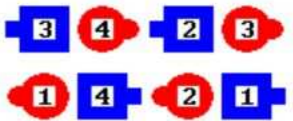
1. 0-BOX(GET OUT)	1.STIR THE BUCKET	2. 0-BOX(GET OUT)	2.STIR THE BUCKET
H: square thru 4	H: square thru 4	H: square thru 4	H: square thru 4
swing thru	swing thru	star thru	star thru
boys trade	boys trade	right and left thru	pass the ocean
boys run	boys run <small>ローテートCW①</small>	roll away	girls trade
bend the line	couples circulate	C: roll away	circulate
pass thru	bend the line	pass thru	recycle <small>ローテートCCW①</small>
tag the line	pass thru	3/4 tag	star thru
cloverleaf	tag the line		right and left thru
		roll away	C: roll away
	cloverleaf	RLG	pass thru
			3/4 tag
RLG			
	singing call		singing call

3.STIR THE BUCKT	4.STIR THE BUCKT	1. 0-LINE(GET OUT)	5.STIR THE BUCKT
H: square thru 4	H: square thru 4	H:lead right	H:lead right
eight chain 4	girls U-turn back	circle to a line	circle to a line
star thru	circulate 2 TIMES	right and left thru	right and left thru
pass the ocean	girls U-turn back	dixie style to a wave	dixie style to a wave
girls trade	swing thru <small>ローテートCW①</small>	boys trade	boys trade
circulate	boys trade	boys run	boys run
recycle <small>ローテートCCW③</small>	boys run	GIRLS walk and dodge	GIRLS walk and dodge
swing thru	bend the line		
boys trade	pass thru		
boys run	tag the line		
bend the line	cloverleaf	head(side) girls run	head(side) girls run
pass thru			
tag the line			
cloverleaf			sides u-turn back
singing call		RLG	
	singing call		singing call

2. 0-LINE (GET OUT)	6. STIR THE BUCKT	1. RH-BOX (GET OUT)	7. STIR THE BUCKT		
H: lead right	H: lead right	H: square thru 2	H: square thru 2		
circle to a line	circle to a line	star thru	star thru		
right and left thru	pass the ocean	REVERSE flutter wheel	REVERSE flutter wheel		
pass the ocean	girls trade	right and left thru			
spin the top	circulate	pass the ocean			
CENTERS spin the top	recycle ローテートCCW①	swing thru			
 <div data-bbox="309 699 577 798" style="border: 1px solid black; padding: 2px;"> ローテートCCW① するとsingingの位置 </div>	star thru	circulate 1+ 1/2	right and left thru		
	right and left thru		pass the ocean	pass the ocean	swing thru
	pass the ocean		spin the top	A8 circulate	
	spin the top		CENTERS spin the top	(BOYS circulate) 2 TIMES	
RLG		ローテート 男CCW 3 女CW 1 するとsingingの位置		A8 circulate 1-1/2	
		RLG		REVERSE flutter wheel	
				↑	singing call
	singing call	R/L , flutter wheel			

1.(ローテート CCW)	2.(ローテート CW)	3.(ローテート CW)	4.(ローテート CW②)
H:lead right	H:lead right	H:lead right	HEADS lead right
circle to a line	circle to a line	circle to a line	circle to a line
			
			
			
			
pass the ocean	right and left thru	dixie style to a wave	
girls trade	pass the ocean	circulate	pass thru
circulate	girls trade	recycle	bend the line
recycle	circulate	star thru	right and left thru
star thru	recycle		
	star thru		
	right and left thru		
			
			
			
			







5.(ローテート CW②)	6.(ローテート CCW)	3. 0-LINE(GET OUT)	4. 0-LINE(GET OUT)
HEADS lead right	H: lead right	HEADS lead right	H: lead right
circle to a line	circle to a line	circle to a line	circle to a line
		pass the ocean	toch 1/4
		spin the top	CC 1+1/2
		recycle	C6: trade
		pass thru	girls U-T-B
	right and left thru	tag the line	AL
pass thru	dixie style to a wave	ENDS: AL	
tag the line	circulate	RLG	
face out	recycle		
bend the line	star thru		
	right and left thru		
			
			
			

2.. RH-BOX(GET OUT)	1. Equivalent Module	2. Equivalent Module	1. Chicken Plucer
H: square thru 2	right and left thru	spin chain thru	(HEADS square thru 4)
pass to the center	pass the ocean	↑	right and left thru
CENTERS square thru 3	swing thru	swing thru	pass thru
AL	↑	C: (CC ; Partne trade)	trade by
	spin the top		right and left thru
		(使用例)	pass thru
		H: square thru 4	trade by
right and left grand on 3hands	REVERSE flutter wheel	swing thru	↑
Promenade	↑	acey deucey	pass to the center
	R/L , flutter wheel	spin chain thru	zoom
		swing thru	CENTERS pass thru
		C: (CC ; Partne trade)	pass to the center
		RLG	zoom
			CENTERS pass thru

2. Chicken Plucer	2. Chicken Plucer	3. Chicken Plucer	4. Chicken Plucer
	(HEADS square thru 4)	HEADS square thru 4	HEADS square thru 4
square thru 3	swing thru , boys run	swing thru	swing thru
trade by	ferris wheel	boys run	boys run
square thru 3	CENTERS REVERSE wheel around	ferris wheel	ferris wheel
trade by	swing thru , boys run	CENTERS pass thru	CENTERS square thru 3
↓	ferris wheel	right and left thru	do-sa-do
right and left thru	CENTERS REVERSE wheel around	veer left	swing thru
pass thru	↓	ferris wheel	boys run
trade by	swing thru , boys run	CENTERS pass thru	ferris wheel
pass to the center	ferris wheel	left allemande (at home)	CENTERS square thru 3
zoom	CENTERS square thru 3		do-sa-do
CENTERS pass thru	do-sa-do		left allemande (at home)
	swing thru , boys run		
	ferris wheel		
	CENTERS square thru 3		
	do-sa-do		

1. Isolate Sight call	2. Isolate Sight call	3. Isolate Sight call	4. Isolate Sight call
(HEADS square thru 4)	(HEADS square thru 4)	H: square thru 4	H: square thru 4
touch 1/4	touch 1/4	star thru	slide thru
scoot back , boys run	walk and dodge	pass the ocean	pass the ocean
right and left thru , slide thru	partner trade	centers trade	spin the top
⇕	right and left thru	recycle	recycle
touch 1/4	pass the ocean	⇕	touch 1/4
scoot back , cast off 3/4	recycle	star thru	boys run
boys trade , spin the top	⇕	pass the ocean	⇕
slide thru	star thru	centers trade	pass the ocean
⇕	pass the ocean	swing thru	spin the top
star thru	girls trade	boys run	recycle
right and left thru	recycle	couples circulate	touch 1/4
dixie style to a wave	⇕	bend the line	boys run
boys trade	pass the ocean	slide thru X 3	slide thru
LEFT swing thru	spin the top		
girls run	boys run		
wheel and deal	wheel and deal		

5. Isolate Sight call	6. Isolate Sight call	7. Isolate Sight call	3. 0-BOX(GET OUT)
H: square thru 4	H: square thru 4	H: square thru 4	H: square thru 4
star thru	star thru	star thru	slide thru
pass the ocean	pass the ocean	right and left thru	pass the ocean
centers trade	circulate 2 TIMES	pass the ocean	spin chain thru
(LEFT) swing thru	centers trade	swing thru	spin the top X 2
centers trade	recycle	boys cross fold	RLG
(LEFT) swing thru	eight chain 4	swing thru	
↑	↑	girls cross fold	
ends(boys) trade	star thru	left allemande (at home)	
spin the top	right and left thru	↑	
ends(girls) trade	flutter wheel	star thru	
spin the top	REVERSE flutter wheel	right and left thru	
↑	slide thru 3 TIMES	pass the ocean	
circulate		swing thru	
split circulate		girls cross fold	
circulate		swing thru	
split circulate		boys cross fold	

ZEROのZERO(入れ子)	ZEROのZERO(入れ子)	IN ⇄ OUT	ZERO(0-BOX)
HEADS square thru 4	HEADS square thru 4	HEADS square thru 4	HEADS square thru 4
swing thru	swing thru	swing thru	 pass to the center
acey deucey	acey deucey	acey deucey	 double pass thru
hinge	swing thru	GIRLS circulate	 cloverleaf
scoot back TWICE	spin the top TWICE	swing thru	 CENTERS pass thru
cast off 3/4	swing thru	BOYS circulate	 left allemande (1/2 promenade)
right and left grand (5/8 promenade)	right and left grand (5/8 promenade)	swing thru	⇕
⇕	⇕	⇕	star thru 
circulate	spin the top	swing thru X 2	pass thru 
spin chain thru	swing thru TWICE	⇕	bend the line 
girls trade	spin the top	spin the top X 2	star thru 
spin the top		⇕	⇕
boys trade	(参考)ZEROモジュール	Girls trade , Boys trade	star thru 
spin the top	circulate X 2		california twirl 
spin chain thru	⇕	(参考)ZEROのZERO	bend the line 
circulate	hinge , cast off 3/4	CC(spin chain thru X 2)CC	slide thru 3 TIMES 
	⇕	* ZEROをZEROで挟む	* SidesカップルがHeadsカップル変わる
	scoot back TWICE	* (IN⇄OUT)を(IN⇄OUT)で挟む	

更新日:2019-09-09

更新日:2019-09-15

更新日:2019-09-15

GET OUT	Zero(center IN,END OUTの場合)	Zero(center IN,END OUTの場合)
HEADS square thru 4	HEADS square thru 4	HEADS lead right
	star thru	circle to a line
	dixie style to a wave	pass the ocean
star thru	circulate	girls trade
touch 1/4	⇕ ZERO	⇕ ZERO
circulate	(boys trade,LEFT swing thru)	circulate
boys run	⇕ ZERO	⇕ ZERO
OP-Lady	circulate	(girls trade,swing thru)
	(girls trade,LEFT swing thru)	⇕ ZERO
eight chain 3	⇕ ZERO	circulate
left allemande (3/8 promenade)	boys trade	⇕ ZERO
	LEFT swing thru	(boys trade,swing thru)
	girls trade	ZERO
	LEFT swing thru	recycle
	ZERO	star thru
	recycle	(center IN,END OUTの場合) circulateも (center trade,(L) swing thru)も ZERO
	star thru	

